

MY
COMMITMENT



AS A MAN
OF CHRIST

MY COMMITMENT TO CHRIST

PRAY THE ROSARY OR DIVINE MERCY

GOAL: DAILY

**RECEIVE THE SACRAMENT
OF CONFESSION**

GOAL: MONTHLY

**PARTICIPATE IN AT LEAST ONE PROGRAM
BEYOND THE CONFERENCE**

PRAY THIS MORNING OFFERING DAILY

Eternal Father, I offer You everything I do this day: my work, my prayers, my apostolic efforts; my time with family and friends; my hours of relaxation; my difficulties, problems, distress, which I shall try to bear with patience. Join these, my gifts, to the unique offering which Jesus Christ, Your Son, renews today in the Eucharist. Grant, I pray, that, vivified by the Holy Spirit and united to the Sacred Heart of Jesus and the Immaculate Heart of Mary, my life this day may be of service to You and your children and help consecrate the world to You.